

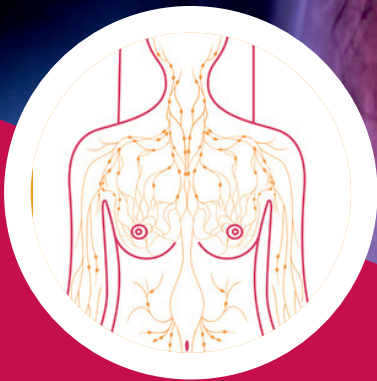


# COLLEGE OF NURSING

ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BHUBANESWAR  
A Statutory body under aegis of ministry of H.F.W. Govt of INDIA  
SIJUA, PATRAPADA, BHUBANESWAR, ODISHA-751019

## Workshop on

# LYMPHEDEMA



**Date: 17<sup>th</sup> November 2019**

**Venue: Mini Auditorium, AIIMS Bhubaneswar**

**Organised by : AIIMS, BHUBANESWAR**

# About

*All India Institute of Medical Sciences, Bhubaneswar*



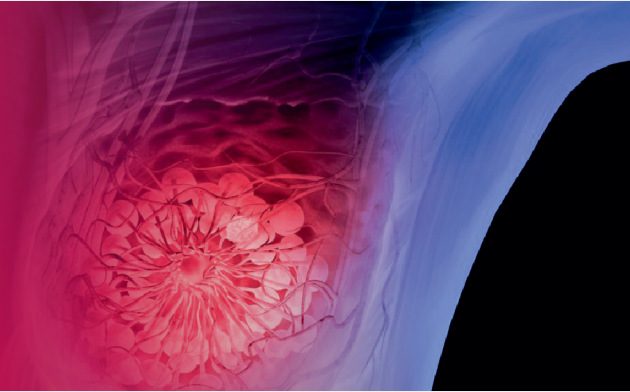
AIIMS Bhubaneswar is one of the apex health care institutions established by the Ministry of Health & Family Welfare, Government of India under the PMSSY.

The mission of the institute is to establish a centre of excellence in medical training, education and health care and research imbued with scientific culture compassion for the sick and commitment to serve the underserved.

# About Workshop

Cancer-related lymphedema is one of the most challenging long-term side effects that can occur after cancer surgery. This chronic condition, sometimes severe swelling in an arm can greatly impact a person's quality of life. It often leads to pain as well as difficulty in using the affected limb.

This workshop deals with assessment, issues, rehabilitation, patient education & demonstration of complete decongestive therapy for patients with lymphedema after mastectomy and radiation therapy.



# Organizing Committee

## Organising Chairperson



**Dr. Asha P Shetty**

Professor Cum Principal  
College of Nursing, AIIMS Bhubaneswar

## Expert Faculty



**Prof. Malarvizhi K Natarajan**

Certified Lymphedema Therapist (ACOLS, USA)  
Principal, HOSMAT College of Nursing, Bangalore

## Workshop Coordinator



**Mr. Anoop S Nair**

Tutor/ Clinical Instructor

## Workshop Co - coordinator



**Mr. L Anand**

Associate Professor

## Objective

This workshop is designed to equip nurses with knowledge and skills to provide comprehensive care to the breast cancer clients.

## Participants

- M.Sc Nursing students
- Faculty
- Tutors/Clinical Instructors
- Nursing Officers

## Payment Details

Registration Fee : 1000 per person.

Payment can be done by Cash/NEFT Online

**A/C Name** : ASOMACON 2019 **A/C No.** : 557820110000052 **IFSC Code:** BKID0005578

**Bank Name:** Bank of India **Bank Address:** AIIMS Bhubaneswar (Sijua), Patrapada , Bhubaneswar

Keep a copy of Transaction slip for registration

For Online Registration Please login : [www.asomacon2019.com](http://www.asomacon2019.com)

# Programme Schedule

08.00 - 09:00 AM	Registration
09.00 - 09.30AM	Anatomy & physiology of breast and the lymphatic system: <b>Dr. Manisha R Gaikwad</b>
09.30 - 10.15AM	Pathophysiological and clinical perspectives: Breast and lymphatic system following radiation and surgical procedures: <b>Dr. Piyush Mishra</b>
10.15 - 11.00AM	Breast Cancer Related Lymphedema : Patient Assessment - Clinical Approach <b>Prof. Malarvizhi K Natarajan</b>
11.00 - 11.15AM	Tea Break
11.15 - 12.00PM	Breast cancer rehabilitation: Nurse Led Multidisciplinary approach: <b>Prof. Malarvizhi K Natarajan</b>
12.00 - 12.45PM	Patient education on Risk reduction and Self management of Breast Cancer Related Lymphedema (BCLR) <b>Prof. Malarvizhi K Natarajan</b>
12.45 - 01.30PM	Introduction to Complete Decongestive Therapy (CDT) <b>Prof. Malarvizhi K Natarajan</b>
01.30 - 02.30PM	Lunch
02.30 - 05.00PM	Complete Decongestive Therapy - Demonstration <b>Prof. Malarvizhi K Natarajan</b>



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